

# Proud to be me

<p>I like and care about myself.</p>	
<p>I can think about myself in a positive way and recognize what I am good at.</p>	
<p>I can express my emotions appropriately by using my words and telling people how I feel.</p>	
<p>I can identify similarities and differences amongst myself and others.</p>	
<p>I am eager to see how I can change the world to make it a better place.</p>	



## PA Standards for Student Interpersonal Skills

### 16.1 Self Awareness and Self-Management

- Managing emotions and behaviors (16.1.K.A, 16.1.5.A)
- Influence of Personal Traits on Life Achievements (16.1.K.B, 16.1.5.B)
- Resiliency (16.1.K.C, 16.1.5.C)
- Goal Setting (16.1.K.D, 16.1.5.D)

### 16.2 Establishing and Maintaining Relationships

- Diversity (16.2.K.B, 16.2.5.B)