MKEMS Honors Our Veterans

On November 8th, 2019 the McAdoo Ke- layres Elementary and Middle School held a pro- gram dedicated to veterans. Some of the MKEMS students brought in their family members that have served in the military before, or are currently serving. The MKEMS band played Marine’s Hymn, The Caissons Go Rolling Along, and Anchors Aweigh. The band also played the Star Spangled Banner while the MKEMS chorus sang along with the band. The chorus also sang A Grate- ful Nation, American Tears, and Thank You to Our Veterans. McAdoo VFW Post 6708 did a Presentation of Colors. Mr. Watro, the mayor of McAdoo, did the opening remarks. Miss Higgs, one of the sixth grade teachers in our school, did the introduction to veterans. Sixth grade students Benjamin Nunez, Eimy Mejia Villar, Luis Torres, and Laliya Kante were the speakers for the “On Veterans Day” speech, and sixth grade students Mia Harmonosky and David Ortiz read their biographical poems. Eighth grade students Eliu Martinez and Noelle Bobish read their “What Makes America Great” essays, and seventh grade students JohnCarlos Peralta and Gabriel Borris read their “What is a Veteran?” essays. Josephine Quinn, Alissa Klein, Kaitlin Thibeault, Allison Rodriguez, Taylor Fleek, Genevieve Watro, Gabriella Piazza, a few other sixth graders from our school, spelled out the word “veteran” and gave a meaning to each letter in the word. Mr. Walton, our school’s principal, did the closing remarks.

By Oliva Tutko
What makes America great? Well that’s an easy question but with a long answer, and I only have a maximum of four-hundred words. So I will be giving you my sweet and condensed version of what makes America great.

America is the land of the free and the home of the brave but we weren’t always like this. From the American Revolution to the Korean War, our country has fought in twelve major wars. We have lost many lives, including men and women who have fought for our country. They have fought not just for our independence but for each other as well, and although they might have perished they will remain in our hearts forever.

One thing that makes America great is the U.S. Constitution which has amendments such as freedom of speech and freedom of religion. Although America may not be perfect, it is still one of the most unique countries in the world considering all of the things we offer such as universities, the rule of law, the right to bear arms, and the fact that when we are united, we are unstoppable. America has the strongest military in the world which was founded on power and alliances. Without our alliances America would not be the same as we are today. It’s like that old saying “Alone we can do so little; together we can do so much.”

America is great because it’s the land of opportunity, or the Promised Land. This country offers anyone from any background the possibility of success through hard work. It doesn’t matter if you’re black, white, Hispanic, or from any race because our country is filled with diversity, and if you are willing to work then you could find success. Our country is also filled with diverse culture, so it does not matter what religion you are in because you have the freedom to believe in whatever you like. Finally, the last reason why America is great, is because it is a democratic country. This means that citizens can vote for government officials and their president. In other countries such as China, you do not have these choices. To conclude, these are my reasons on what makes America not a great, but the greatest country in the world.
Interview with Olivia Tutko

By: Bryn Pohida

MKEMS is very lucky to have a national competitor in gymnastics. Olivia Tutko is an 8th grade level 9 gymnast. She goes to Northeast Gymnastics Academy in Hanover Township, Wilkes-Barre. Her favorite place is the gym. Olivia is very hard working and never wants to give up on anything she does. Not only is she the best she can be in the gym, but she is also very hard working in school. She studies very hard and long to get grades that she is proud of. She is a very sweet girl that is constantly looking out for others and helping them do their best. We have asked Olivia questions about her life as a gymnast and here are her answers.

What is your favorite part about competing? “My favorite part about competing is meeting new people and traveling.”

How long are most of your practices? “Most of my practices are 3 ½ hours- 4 ½ hours.”

Where have you traveled for competitions? “I have been to Georgia, Chicago, Ohio, Maryland, North and South Carolina, Pittsburg, Allentown, Philadelphia.”

How much does it cost per year? “$6,000 per year”

What is your favorite event, why? “Uneven bars because I perform the best on them and it’s the most fun for me.”

What is your least favorite event, why? “Floor exercise because I struggle the most on this event and I am sometimes inconsistent with my tumbling.”

What is your favorite part about gymnastics? “It is really good for keeping me in shape and it’s incredible to watch how I grow throughout my gymnastics career.”

What skill are you most proud of accomplishing? “Maloney to pak salto, it is a skill on bars.”

What is one thing you would like to change about yourself while doing gymnastics? “I wish I wouldn’t overthink as much.”

What has gymnastics taught you? “Gymnastics has taught me to always try my best, not just while doing this sport but with everything else in life.”

What is some advice you would give to beginner gymnasts? “The best advice that I could give is to never give up on yourself and to always maintain a positive attitude. If there’s ever a day that you’re having a bad practice and things aren’t going the way you want them to, don’t stress too much. The next day will always be a fresh start and another chance for you to have an amazing practice.”
Sexism, Stereotypes, and Harassment in Schools

By: Kaitlyn Petrilla

School is a place for education. But in my experience it is much more. About a third of girls in mixed sex schools said they had experienced some form of sexual harassment at school.* It’s unacceptable that boys think they have rights to girl’s bodies without consent or consequence. It is greatly troubling that gender stereotypes take place in schools. Schools should be a safe place for everyone to learn. That is why we must address this situation of sexism, stereotypes, and harassment.

Sexism is not okay, to say the least. It is more than not okay. It is appalling that people believe women are not equals. And because of this females are treated differently than others. Everyone is equal. There was a fight for women’s rights, we shouldn’t need to have another. This fight was monumental, so let’s keep it going as it has been for decades.

Women’s rights are: to bodily integrity and autonomy; to be free from sexual violence; to vote; to hold public office; to enter into legal contracts; to have equal rights in family law; to work; to fair wages or equal pay; to have reproductive rights; to own property; to education.**

Women have the rights to education. Women shouldn’t dread getting an education just because of the way they are treated. Women have rights to be free from sexual violence, but it still happens anyway. Women are powerful, and should take a stand to end these wretched acts.

Sexism in schools and in workplaces is a lot more common than you probably think. 57% of teachers admitted to stereotyping based on genders.* Research suggest that schoolgirls are dropping subjects because of stereotyping. Girls shouldn’t have to stop doing what they love because a boy ‘does it better’ or ‘it’s too manly’. Everyone is different, that’s what makes people great and unique. But when people are shunned because they are different or because they are a woman, that is a new level of revolting.

Women are involved in sports. People think women aren’t as good as men in sports, but I beg to differ. Women are athletic, powerful, and amazing. Even if women aren’t as good as men in sports, everyone should still be treated equally. When men/boys and women/girls play sports, sometimes the men/boys try not to let the women/girl play because they think they aren’t good enough. They, typically, try to do all of the work in sports. Some may know why, and some may not, but we should still take a stand and do away with these stereotypes.

Men are stereotyped too. They have to be strong, powerful, smart, athletic, funny, and more. Everyone is typically stereotyped. Let’s end this way of life, and blossom anew. We should end sexism, stereotypes, and harassment because they aren’t okay.

So it’s time to take a stand, and let’s not take this anymore. Let’s stand tall as a group of powerful females and face the challenges that face us. “No I will not be stereotyped; no, I will not let sexism happen, and no, I will not be harassed!”

* The data and information came from an article by Sally Thomas titled: “Sexism is a Problem in every School. Now we must take action.”

Segregation by Sex at Lunch

By: James Rodino

Something that makes me upset is that MKEMS middle school lunch is segregated by sex. It’s even worse that we have to go in separate lines! If we have to go in separate lines at least let us sit next to each other. It was allowed before, but out of nowhere the rules suddenly changed. The reason why I think we should sit together is because it will help us socialize. That’s probably why some people are nervous to have a conversation with the opposite gender. Most guys know each other, but how about the boys and girls? Some girls don’t know half of the other girls at all.

What’s the worst that will happen? Couples will sit next to each other; that’s it. It’s not like they’re going to do anything inappropriate in a cafeteria full of people and lunch monitors. The lunch room even has CAMERAS for crying out loud! If they do anything wrong they can either get moved, suspended, or even detention.

Another reason that boys and girls should sit next to each other is because they could talk without getting yelled at by a teacher during class. Most people might say, “They could just meet up after school.” or, “text each other.” Well, the problem with that is some people may not have a ride or even a car. Some don’t even have phones.

In conclusion, this is a reason to make some kids want to go to school. They could look forward for lunch. This is a way that could make school not hated as much as it is. Not only this school but any and all schools that are like this. These are all my reasons why there should be a change.
## Cheerleading Roster
- Bryn Pohida
- Isabella Ferrera
- Destiny Ponchery
- Brianna Novotnak
- Julianna Jon
- Adrianna Jon
- Jaelyn Minyetty
- Dafnis Bastista
- Aliyah Lubold
- Talia Stonerock
- Elizabeth Delamota
- Allesandra Quin
- Destinee Ilagorre
- Paige Mumaw
- Natasha Garcia

Congratulations to all the girls who made the 2019-2020 MKEMS Cheer Squad!

## Boys Basketball Roster
- Jesse Bonilla
- Josh Cropper
- Vincent Garrett
- Robert Koslop
- Jesse Rodino
- James Rodino
- Dylan Rodino
- Kasean Perez
- Dominick Generoso
- Dylan Zullo
- Eliu Martinez
- Samuel Delohoyo
- Thomas Price
- Heniel DeCastro
- Bryant Diaz
- Darius Vitek

Congratulations to all the boys who made the 2019-2020 MKEMS Boys Basketball Team!