



**YOUTH MENTAL
HEALTH FIRST
AID**

**2021-2022
OFFERINGS**

**OCTOBER 20
FEBRUARY 22
MAY 18**

see back for more details

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives adults who work with youth the skills they need to reach out and provide initial support to youth who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Details:

- Appropriate for ALL school staff and personnel
- Days run 8:00-3:30 each day
- Must attend entire day for certificate
- Registration is OPEN on My Learning Plan
- Class is limited to the first 15 participants

For any questions or more information please contact
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