Football Student Portfolio Checklist

Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[ ]  Is able to throw a football to a person 10 yards away

[ ]  Is able to catch a football thrown from 10 yards away

[ ]  Can run one football pattern of the following: hook, square out, square in

[ ]  Understands the goal of the team in possession of the ball

[ ]  Understands the goal of the team without the ball

[ ]  Understands basic football terminology

[ ]  Understands what offensive contribution can be made by offensive players without the ball

[ ]  Knows how and can attempt to disrupt the successful play of opponents

[ ]  Is able to follow basic flag football rules

[ ]  Is able to exhibit good sporting behavior

[ ]  Can play without endangering the safety of others