Football Student Portfolio Checklist

Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Is able to throw a football to a person 10 yards away

Is able to catch a football thrown from 10 yards away

Can run one football pattern of the following: hook, square out, square in

Understands the goal of the team in possession of the ball

Understands the goal of the team without the ball

Understands basic football terminology

Understands what offensive contribution can be made by offensive players without the ball

Knows how and can attempt to disrupt the successful play of opponents

Is able to follow basic flag football rules

Is able to exhibit good sporting behavior

Can play without endangering the safety of others