

# Hazleton Area Elementary Lunch Menu December / January 2016

Food Service Director: Barbara Farley, Maria Yeselski  
farleyb@hasdk12.org or yeselskim@hasdk12.org  
570-459-3111 ext. 3178



**What Makes a Meal?**  
You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk  
\*Students must choose at least one fruit or vegetable

**Fresh Fruits and Vegetables Offered Daily**

\*Vegetables may include:  
Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber  
\*May choose two 1/2 cup servings

\*Fruits may include:  
Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce  
\*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**

**Milk Choices Offered Daily**  
Fat Free Chocolate, Fat Free White and Low Fat White  
\*\*\*\*\*

Food Service Director:  
Barbara Farley, farleyb@hasdk12.org  
Maria Yeselski, yeselskim@hasdk12.org  
570-459-3111 ext. 3178

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
12/12 Meatball Hoagie Seasoned Noodles Mixed Vegetable Black & White Bean Salad Fresh Greens Rainbow Applesauce	12/13 4 French Toast Sticks 2 Sausage Patty & Syrup Baked Tator Tots Baby Carrots / Fresh Greens Mixed Fruit Fat Free or Low Fat Milk	12/14 Hot Chicken Fajita & Cheese Quesadilla w/ side of Salsa Carrots Italian Bulger Salad Chilled Rainbow Pears Fat Free or Low Fat Milk	12/15 <b>Holiday Meal</b> Roast Pork w/ Gravy Stuffing Mashed Potatoes' Cranberry Sauce / Oranges Holiday Cake	12/16 Crispy Homemade Pizza Wax Beans / Fresh Greens Chilled Mandarin Orange Fat Free or Low Fat Milk	Turkey or Ham Sandwich Italian or Turkey Hoagie w/ Lettuce & Tomato Chef or Turkey Salad Peanut Butter & Jelly Sandwich
12/19 Pierogis w/ Onions Green Beans Applesauce Fat Free or Low Fat Milk	12/20 Corn Dog Nuggets Vegetarian Beans French Fries / Fresh Greens Mixed Fruit Cup Fat Free or Low Fat Milk	12/21 Walking Taco w/ Beef and Cheddar Steamed Carrots / Fresh Greens Pineapple Tidbits Fat Free or Low Fat Milk	12/22 Popcorn Chicken w/ Bread French Fries Gravy Fresh Greens Peach Crisp w/ Topping Fat Free or Low Fat Milk	12/23 <b>No School Today</b>  <b>Winter Break No School 12-26 -16 through 1-3-17</b>	 
1/2 No School Today	1/3 Grilled Cheese Sandwich Tomato Soup Carrots / Fresh Greens Roasted Chick Pea Salad Mandarin Orange Cup Fat Free Milk	1/4 Meatball Sandwich French Fries Fresh Greens / Green Peas Mixed Fruit Fat Free or Low Fat Milk	1/5 Seasoned Baked Chicken Seasoned Noodles / Bread Vegetarian Beans Peaches Fat Free or Low Fat Milk	1/6 Italian Dunkers w/ Sauce Broccoli Fresh Greens Chilled Pears Fat Free or Low Fat Milk	 
1/9 Pork Patty w/ Gravy Bread French Fries Fresh Greens Rainbow Applesauce Fat Free or Low Fat Milk	1/10 Ground Beef Pizza Sandwich w/ Mozzarella on a 6" Roll Steamed Peas Fresh Greens Chilled Pineapple Tidbits Fat Free or Low Fat Milk	1/11 Taco Meat & Cheese on a 10" Wrap or with Chips Refried Beans Carrots / Fresh Greens Fruited Jell-O Fat Free or Low Fat Milk	1/12 Grandma Chicken Noodle Bake Bread Broccoli Peach Cups Fat Free or Low Fat Milk	1/13 Crispy Homemade Pizza Green Beans Fresh Greens Mixed Fruit Cup Fat Free or Low Fat Milk	<b>NOW HIRING CAFETERIA SUBSTITUTES &amp; PART TIME EMPLOYEES :</b>  Perfect Job for Parents with School Age Children Please visit the HASD WEBSITE at: hasdk12.org or call the Foodservice Office at 570-459-3111 ext.3190
1/16 No School Today	1/17 Mild Buffalo Chicken Nacho w/ Crispy Tortilla Chips Vegetarian Beans Fresh Greens Pineapple Tidbits Fat Free or Low Fat Milk	1/18 Macaroni & Cheese w/ Bread Stewed Tomatoes Steamed Broccoli Orange & White Bean Salad Pear Crisp w/ Topping Fat Free or Low Fat Milk	1/19 4 French Toast Sticks 2 Sausage Patty & Syrup Baked Tator Tots Fresh Greens Peaches & Cream Fat Free or Low Fat Milk	1/20 Cheese Pizza Glazed Carrots Mandarin Oranges Fat Free or Low Fat Milk	The Hazleton Area School District does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities and provides equal access to all designated youth groups per the Boy Scouts Act. Inquiries regarding the non-discrimination policies may be directed to the Title IX Coordinator at (570) 459-3221 ext. 81566 or the Section 504 Coordinator at (570) 459-3111 ext. 3156 at 1515 West 23rd Street, Hazle Township, PA 18202.
<b>Monday</b> Chicken Strips w/ Bread Cheese Steak Hoagie	<b>Tuesday</b> Chicken Sandwich Hamburger or Cheeseburger on a Bun	<b>Wednesday</b> Chicken Nuggets w/ Bread Hot Dog on a Bun	<b>Thursday</b> Breaded Chicken Sandwich BBQ Rib Sandwich	<b>Friday</b> Chicken Nuggets w/ Bread Corn Dog on a Stick	<b>Lunch Prices:</b> All Students will receive Free Breakfast and Lunch all extra meals and ala carte items will

# Hazleton Area High School Lunch Menu

## December / January 2016



Food Service Director: Barbara Farley , Maria Yeselski

farleyb@hasdk12.org or yeselskim@hasdk12.org

570-459-3111 ext: 3178

### The Grille

- Grilled or Breaded or Spicy Chicken Sandwich
- Hamburger or Cheeseburger on a Bun
- BBQ Ribs on a Bun
- Diced Buffalo Spicy Chicken Sandwich

### The Garden

- Grilled or Breaded Chicken Salad
- Antipasto Salad
- Roast Turkey & Cheese Salad
- Garden Salad with Cheese
- Chef Salad

### The Pizzeria

- Hot Buffalo Chicken Pizza
- Mexican Pizza
- Pepperoni Pizza
- Mozzarella Cheese Pizza
- Broccoli & Cheese Pizza

### Grab & Go

A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!

**MENUS SUBJECT TO CHANGE**

### Options

Monday	Tuesday	Wednesday	Thursday	Friday
12/12 Meatball Hoagie Seasoned Noodles Mixed Vegetable Roasted Chick Peas Fresh Greens Rainbow Applesauce	12/13 Sweet & Spicy BBQ Chicken Bowl Rice Fresh Greens Steamed Carrots Mandarin Oranges 	12/14 Chicken Parmesan Sandwich French Fries Fresh Greens Pineapple Tidbits	12/15 <b>Holiday Meal</b> Hot Roast Pork w/ Stuffing / Gravy Mashed Potato Holiday Cake Cranberry Sauce Oranges Fat Free or Low Fat Milk	12/16 4 French Toast Sticks 2 Sausage Patty & Syrup Baked Tator Tots Baby Carrots Mixed Fruit
12/19 Pulled Pork & Mozz on a Hoagie Bun Steamed Green Beans Vegetarian Beans Chilled Applesauce	12/20 Corn Dog Nuggets French Fries Fresh Greens Mixed Fruit Cup Sherbet Treat	12/21 Chicken Enchilada Casserole Rice and Bread Fresh Greens Steamed Carrots Pineapple Tidbits	12/22 Popcorn Chicken Bread Mashed Potatoes Gravy Fresh Greens Peach Crisp w/ Topping	12/23 No School Today Winter Break
1/2 No School Today	1/3 Grilled Cheese Sandwich Homemade Tomato Soup Carrots / Fresh Greens Roasted Chick Pea Salad Apples w/ Topping Fat Free Milk 	1/4 Mild Buffalo Chicken Nacho w/ Crispy Tortilla Chips Golden Corn Fresh Greens Apple Sauce	1/5 Seasoned Baked Chicken w/ Bread Seasoned Noodles Steamed Carrots Fresh Green Peaches	1/6 Pizza Pasta Bake w/ Bread Green Peas Fresh Greens Mixed Fruit
1/9 Pork Patty w/ Gravy Bread French Fries Confetti Bean Salad Rainbow Applesauce	1/10 Ground Beef Pizza Sandwich w/ Mozzarella on a 6" Roll Steamed Peas Fresh Greens Chilled Pineapple Tidbits	1/11 Taco Meat & Cheese on a 10" Wrap or with Chips Refried Beans Carrots Fresh Greens Cinnamon Apples	1/12 Baked Potato Bar w/ Chicken or Pork Bread Fresh Greens Broccoli Peach Cups	1/13 Chicken Fajita Casserole w/ Chips Bread Fresh Greens Green Peas Mixed Fruit
1/16 No School Today	1/17 French Toast Sticks 2 Sausage Patty & Syrup Baked Tator Tots Fresh Greens Peaches & Cream	1/18 Macaroni & Cheese Bread Stewed Tomatoes Carrots Fresh Greens Pear Crisp w/ Topping  	1/19 Pork BBQ on a Bun French Fries Broccoli Applesauce  	1/20 Savory Ham Pot Pie Bread Seasoned Peas Fresh Greens Mandarin Orange 

A variety of hot and cold ala carte items are available daily.

**NOW HIRING CAFETERIA SUBSTITUTES AND PART-TIME EMPLOYEES**  
Please visit the HASD website at [hasdk12.org](http://hasdk12.org)  
or call 570 459-3111 ext. 3190



Recipe of the Month



Fresh Produce from Local Farms based Whole Grains Available Daily

### The Deli

- Spicy Italian Hoagie
- Buffalo Chicken
- Oven Roasted Turkey and Cheese

### Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

- \*Vegetable Bar**
- \*Fruits include:**
- includes: Crisp Apple
- Broccoli Florets
- Sliced Peaches
- Baby Carrots
- Mixed Fruit
- Dark Leafy Greens
- Fresh Orange
- Legume Salads
- Banana
- Celery & Cucumber

### Milk

**Milk Choices Offered Daily:**  
1% white, non-fat white, non-fat flavored

### Proud to manage your food service program

**All Students will receive one free breakfast and one free lunch**

The Hazleton Area School District does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities and provides equal access to all designated youth groups per the Boy Scouts Act. Inquiries regarding the non-discrimination policies may be directed to the Title IX Coordinator at (570) 459-3221 ext. 81566 or the Section 504 Coordinator at (570) 459-3111 ext. 3156 at 1515 West 23<sup>rd</sup> Street, Hazle Township, PA 18202.