



COUGAR COURIER

ISSUE 1
AUGUST 2017

GOALS FOR AUGUST

Staying Healthy

These next few weeks will be hot and your student will be working hard during band camp both physically and mentally. It is very important for them to stay focused and healthy outside in the heat. This means that they should be drinking water everyday especially the night before every band camp day.

Music Music Music!

Encourage your student to practice their music. It is imperative to have the music properly learned and executed in their free time. Students should also start to memorize their show music as there will be memory checks.

Even 15 minutes a day is better than nothing!

CURRENT NEWS

WHAT TO BRING TO BAND CAMP!

Band Camp is fast approaching and there are a few things everyone should remember.

1. Wear Sunscreen
2. Bring a water bottle
3. Pack a Lunch
4. Wear appropriate foot wear
 - No Flip Flops/Sandals
5. Hydrate and nourish yourself the night before every band camp day
6. Other things to bring with you
 - Music
 - Instrument
 - Pencil
 - An Extra Pencil

AS A REMINDER

All students must be up to date on their marching band dues. Each student received a print-out of outstanding dues. If one was not received the student is up to date on their payment. Please see Mr. Stefanko for any outstanding circumstances.

[Absent Request Form](#)

PMEA/Other Co-Curricular/Trip/Leadership [Sign-ups](#)

WHATS HAPPENING THIS MONTH

IMPORTANT DATES

Pre-Band Camp Dates:

July 31: [9am-1pm](#) Percussion Rehearsal
Aug 1: [9am-1pm](#) Brass Rehearsal
Aug 2: [9am-1pm](#) Woodwind Rehearsal
Aug 3: [8am-3pm](#) DCI Clinic

LINKS

[Marching Cougar Handbook](#)

[Absent Request Form](#)

[Charms Access](#)

[Remind Text Message Access Code](#)

Criminal Record Check is available online:

<http://epatch.state.pa.us>

Child Abuse History

Clearance is available online:

<http://www.dpw.state.pa.us/findaform/childabusehistoryclearanceforms/>

Federal Background Check is available online:

https://www.pa.cogentid.com/index_pde.htm

Band Camp Dates:

Aug 7 – 11: Band Camp Week 1 **Monday – Friday** (8am-5pm)

Aug 14 – 18: Band Camp Week 2 **Monday - Friday** (8am-4pm)

Aug 21 – 23: Band Camp Week 3 **Monday-Wednesday** (8am-1pm)

Aug 24: Band Camp **Thursday** (1pm-5pm)

Other Dates:

Aug.1: **6pm Tuesday** Mandatory Parent/Student Meeting

Aug.3: **8am-3pm Thursday** Uniforms and Shoes

Aug.25: **5:30pm Friday** Home Game Vs. Berwick

Aug.28: First Day of School!!

*Report Times listed above are subject to change. Please keep an eye on the remind messages for accurate times.

VOLUNTEER

Volunteering is an important part of our Marching Cougars program. Please visit our website and sign-up to help the band out*.

How to Get to the Volunteer Page: Click [this Link](#) and then click the Volunteer Tab and roll over Volunteer Needs.

*Please keep in mind that some of the volunteer opportunities require clearances.

How to Update or Obtain Clearances

Criminal Record Check is available online: <http://epatch.state.pa.us>

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