

## **Midterm Project**

From the list below, choose **one regional topic** to research and create a term paper with the following requirements:

1. Research and explain the food and food history of one of the following countries or regions.

Spain	Morocco	Northern Italy	Southern Italy
Eastern Europe	Greece	Turkey	India
Indonesia	Thailand	Japan	Korea
Philippines	China		

2. Create a menu from the region you chose, using one item from each of the following categories:
  - ▶ Appetizer (hot or cold)
  - ▶ Soup
  - ▶ Salad
  - ▶ Entrée with accompaniments
  - ▶ Fish Course
  - ▶ Cheese course
  - ▶ Dessert course
3. Provide a menu description of each course; looking back at step 2, write a colorful description of each item on your menu. Use details about what is in the product and how it is prepared.
4. Now that you know what you are preparing, create a recipe for each dish. Be sure to describe the serving methods in your description

This report must be typed, double spaced and properly cited using MLA format. The following is necessary for a complete report:

- Title Page
- Table of Contents
- Introduction
- Body
- Menu
- Recipes
- Conclusion
- Works Cited

ALL PARTS OF THE TEXT MUST BE IN 12 POINT TIMES NEW ROMAN FONT AND LEFT ALIGNED WITH 1 INCH MARGINS

**THIS PAGE MUST BE ATTACHED TO THE BACK OF YOUR REPORT.**

This project is due on : \_\_\_\_\_

<b>Grading</b>			
<b><u>Format:</u></b>			
Appearance:	10 points	_____	_____
Layout as directed:	10 points	_____	_____
References:	5 points	_____	_____
<b><u>Content:</u></b>			
Depth of research:	20 points	_____	_____
Accuracy:	20 points	_____	_____
Use of Sources	5 points	_____	_____
<b><u>Writing:</u></b>			
Sentence structure:	10 points	_____	_____
Use of language:	10 points	_____	_____
Mechanics:	10 points	_____	_____
<b>Total Score:</b>			_____

**THIS PAGE MUST BE ATTACHED TO THE BACK OF YOUR REPORT.**

What should you include in your research? Below are some guiding questions to help you along the way.

1. What type of climate does your chosen region have? Is it hot and tropical? Is it cold and barren?
2. Does the area have long growing seasons?
3. What vegetation grows in that area?
4. What types of diet do people in this region follow? Do they eat mainly rice and vegetables, or do they eat meat? Are there any types of meat they don't eat because of their beliefs?
5. How has the food of the region changed over time?
  - a. Which other cultures have impacted the flavors in your region? Was this region a stop for traders? Is the region near waterways? Is the region landlocked?
  - b. Is the region in an industrialized country? Do they mass produce their food and buy it in grocery stores like in the United States or is it grown in small gardens behind people's homes?