

Common Measurement Conversions

1 tablespoon = 3 teaspoons

2 tablespoons = 1/8 cup

4 tablespoons = 1/4 cup

8 tablespoons = 1/2 cup

12 tablespoons = 3/4 cup

16 tablespoons = 1 cup

8 ounces = 1 cup

2 cups = 1 pint = 16 ounces

2 pints = 1 quart = 32 ounces

4 quarts = 8 pints = 1 gallons

1 gallon = 128 ounces

1 gram = 0.0352 ounce

1 liter = 1.057 quarts

1 kilogram = 2.2 pounds

1 ounce = 28.35 grams

1 pound = 16 ounces

1 centimeter = 0.393 inches

1 inch = 2.54 centimeters

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