

HAZLETON AREA SCHOOL DISTRICT

Staff Form to refer student to SAP

Name of Student:

Date of Referral:

Name of Referral Source:

Discipline concerns

Yes No

Guidance report /
concerns

Yes No

Nurse report / concerns

Yes No

Attendance

- ___ excessive absences
- ___ wandering in the halls
- ___ tardiness to class/school
- ___ asks to leave the room often (nurse, guidance lav)
- ___ asks to leave early

Behaviors

- ___ attempts to sleep in class
- ___ destruction of property
- ___ defiance of rules
- ___ inappropriate responses
- ___ seeking adult advice without specific problem
- ___ extreme negativity
- ___ acts defensive, argumentative
- ___ lethargic
- ___ crying
- ___ fighting
- ___ withdrawn
- ___ lying
- ___ memory loss
- ___ attention seeking behaviors
- ___ obscene language/gestures
- ___ uncontrolled giggling
- ___ always borrowing money
- ___ consistently blaming others
- ___ denying own behaviors
- ___ sudden outburst of anger
- ___ mood swings
- ___ excessive talking

Home and Family

- ___ speaks of anger towards parents
- ___ recent loss (moved, divorced, death in family /friend)
- ___ speaks of trouble in family (financial, emotional, etc.)
- ___ speaks of running away
- ___ other sibling problems

Academic

- ### Performance
- ___ grades failing; markedly no effort
 - ___ work
 - ___ missing/incomplete
 - ___ expresses extreme dissatisfaction with school
 - ___ unprepared for class
 - ___ lack of motivation
 - ___ decreased participation
 - ___ not following directions
 - ___ off task/ always behind
 - ___ poor short-term memory
 - ___ cheating
 - ___ other observations:

Physical appearance

- ___ unexplained/frequent physical injuries, bruises
- ___ cold-like symptoms
- ___ constant cough
- ___ smoke odor on clothes
- ___ smoking
- ___ self-abuse (cuts, burns, marks)
- ___ body odor
- ___ weight changes (loss/gain)
- ___ slurred speech
- ___ agitated
- ___ neglects personal appearance
- ___ hyperactivity/nervousness
- ___ coloration (pale/flushed)
- ___ glassy bloodshot eyes

Extra-Curricular Activities

- ___ loss of eligibility
- ___ missing practice without substantial reason
- ___ dropped out of activity (Activity: _____)

Peers

- ___ change in friends
- ___ older social friends
- ___ significantly younger friends
- ___ peer exclusion
- ___ avoids peers
- ___ fights with peers
- ___ sudden popularity
- ___ inappropriate display of affection

Alcohol / Drugs

- ___ others report concern about use/abuse (Peer/ Staff)
- ___ constant wearing of D/A related clothing
- ___ speaks of parties/ usage

Suicidal Ideation

Expressions such as hopelessness, rage, anger, seeking revenge, feeling trapped, anxiety, agitation, no reason to live or sense of purpose; Reckless or risky behavior; Increased alcohol or drug use; Withdrawal from friends, family; Dramatic mood changes.

Please bring student and this referral to either guidance or the nurse immediately.

****The information contained in this report is CONFIDENTIAL and is part of the students SAP record. It will be used to access the students' needs and help eliminate barriers to the learning process.**

Suicide Awareness

Early identification of individuals with one (1) or more suicidal risk factors or of individuals exhibiting warning signs is crucial to the district's suicide prevention efforts. To promote awareness, district employees, students and parents/guardians should be educated about suicidal risk factors and warning signs.

Risk factors refer to personal or environmental characteristics that are associated with suicidal behavior including, but not limited to:

- ✓ **Behavioral Health Issues/Disorder, specifically but not exclusively:**
 - Depression
 - Substance abuse or dependence
 - Previous suicide attempts
 - Self-injury
- ✓ **Personal Characteristics:**
 - Hopelessness/low self-esteem
 - Loneliness/social alienation/isolation/lack of belonging
 - Poor problem-solving or coping skills
 - Impulsivity/risk-taking/recklessness
- ✓ **Adverse/stressful life circumstances:**
 - Gender identity/sexual orientation
 - Interpersonal difficulties or losses
 - Disciplinary or legal problems, including school disciplinary issues
 - Bullying (victim or perpetrator; target, aggressor and/or witness)
 - School or work issues
 - Physical, sexual or psychological abuse
 - Exposure to peer suicide
- ✓ **Family Characteristics:**
 - Increase of conflict, few activities
 - Family history of suicide or suicidal behavior
 - Family mental health problems, including alcoholism
 - Divorce/death of parent
 - Parent-child conflict

Warning signs are indications that someone may be in danger of suicide, either immediately or in the future.

Warning signs include, but are not limited to:

- Expressions such as hopelessness, rage, anger, seeking revenge, feeling trapped, anxiety, agitation, no reason to live or sense of purpose
- Reckless or risky behavior
- Increased alcohol or drug use
- Withdrawal from friends, family
- Dramatic mood changes

Any district employee who has identified a student with one (1) or more risk factors or who has an indication that a student may be contemplating suicide, shall refer the student for further assessment and intervention.